



**Marsha M. Linehan, Ph.D., ABPP**, is Professor of Psychology, Adjunct Professor of Psychiatry and Behavioral Sciences at the University of Washington, and Director of the Behavioral Research and Therapy Clinics, a consortium of research projects developing new treatments and evaluating their efficacy for severely disordered and multi-diagnostic populations. Her primary research is in the application of behavioral models to suicidal behaviors, drug abuse, and borderline personality disorder.

She is the founder of the Linehan Institute of Behavioral Technology, a non-profit organization that owns the company she founded, Behavioral Tech, LLC. Dr. Linehan is actively involved in developing effective models for transferring efficacious treatments from the research academy to the clinical community.

**Dialectical Behavior Therapy (DBT)**, developed by Marsha M. Linehan, Ph.D., ABPP, is a comprehensive cognitive-behavioral treatment for borderline personality disorder (BPD). DBT is especially effective for those with chronic suicidal or other severe, dysfunctional behaviors. Research has shown DBT to be effective in reducing suicidal behavior, psychiatric hospitalization, drop-out from treatment, substance abuse, anger, and interpersonal difficulties.

**Behavioral Tech, LLC**, founded by Marsha M. Linehan, Ph.D., ABPP, trains mental health care providers and treatment teams who work with complex and severely disordered populations to use compassionate, scientifically valid treatments and to implement and evaluate these treatments in their practice setting. Behavioral Tech develops and applies the most effective and efficient methods of training and provides a range of opportunities to learn and implement state-of-the-art treatments to a competent level.

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**Developed by Dr. Marsha Linehan**, Dialectical Behavior Therapy (DBT) has been cited as one of the top 100 most important scientific discoveries by Time magazine. Incorporating Mindfulness and skills-based strategies of acceptance and change, DBT combines the best of behavioral technologies with compassionate acceptance.

# DBT Training

**BEHAVIORAL TECH, LLC**

Compassionate and scientifically valid treatments made available to every person with complex and severe mental disorders.

Founded by Marsha M. Linehan, Ph.D., ABPP



## Current Training Opportunities

### Mindfulness, Willingness, and Radical Acceptance in Psychotherapy

December 6-7, 2012 | Los Angeles, CA

Cedar Koons, MSW, LISW, & Jennifer Sayrs, Ph.D., ABPP

### Coping with Chaos: Treating Multiple Severe Disorders with DBT

December 6-7, 2012 | Ft. Lauderdale, FL

Adam Payne, Ph.D., & Gwen Abney-Cunningham, LMSW

### Dialectical Behavior Therapy Intensive Training™

Part I: January 7-11, 2013 Part II: July 8-12, 2013 | Northampton, MA

Shireen Rizvi, Ph.D., & Lorie Ritschel, Ph.D.

Featuring Dr. Marsha Linehan for the first day of training.

## Coming Soon

### DBT WITH ADOLESCENTS

#### Helping Emotionally Dysregulated and Suicidal Teens

April 8-9, 2013 | Lake Forest, IL

Jill Rathus, Ph.D., & Lorie Ritschel, Ph.D.

### MINDFULNESS WITH MARSHA LINEHAN

#### Practicing with Willingness and Radical Acceptance

April 21-22, 2013 | Vancouver, WA

Marsha Linehan, Ph.D., ABPP, & Jennifer Sayrs, Ph.D., ABPP

### TREATING PTSD IN DBT

#### With High-Risk BPD Clients

June 20-21, 2013 | Las Vegas, NV

Melanie Harned, Ph.D., & Dan Finnegan, MSW

### SUICIDE

#### DBT Protocol for Assessing and Managing Risk

June 27-28, 2013 | Lynnwood, WA

Jennifer Sayrs, Ph.D., ABPP, & Erin Ward-Ciesielski, M.S.

Behavioral Tech is the only company exclusively authorized to utilize and disseminate Dr. Linehan's materials for training in Dialectical Behavior Therapy (DBT). Due to this relationship with the treatment developer, Behavioral Tech always trains with the most current DBT developments.

## Linehan Institute

The Linehan Institute is the not-for-profit organization dedicated to advancing the work of Dr. Marsha Linehan by providing compassionate and effective treatments to all persons with complex and severe mental disorders regardless of resource.

To support this mission,  
make a donation at  
[www.linehaninstitute.org](http://www.linehaninstitute.org).



To receive weekly Mindful Moments, opportunities for discounted registration, and more, like Behavioral Tech on Facebook and follow us on Twitter.



## Online Training

Online training merges technology and evidence-based therapy into fun and engaging self-paced online training courses.

Treatments come to life with interactive activities and experts' guidance.

- DBT Skills Training
- DBT Validation Principles & Strategies
- DBT Chain Analysis Training
- Foundations of Exposure Therapies
- Mastery of Anxiety & Panic for Adolescents
- Transforming Difficult Moments in Therapy

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